Cypress 2021

SPRING ACTIVITY GUIDE

Follow us on social media & Cypress Central App

For more information: (714) 229-6780 or cypressrec.org
WAYS TO REGISTER

ONLINE
Log onto cypressrec.org. Select online registration, log in to your account/create an account. All major credit cards accepted. If you need any assistance call (714) 229-6780.

APPOINTMENT ONLY
Call (714) 229-6780 to arrange to visit the Community Center in person.

DROP BOX
For your convenience, we have a 24-hour drop box located in front of the Community Center, 5700 Orange Avenue. All registration in the drop box will be processed the next business day.

MAIL-IN
Mail registration form and payment to: Cypress Recreation, 5700 Orange Ave. Cypress, CA 90630 (Check Only).

REGISTRATION WILL NOT BE TAKEN IN CLASS.
Make Checks Payable to the City of Cypress.
If enrollment does not meet the minimum required, the class will be cancelled and fee refunded.
If you need special accommodations for any of our activities, please notify staff at time of registration.

INFO LINE (714) 229-6734
The 24-hour “Info Line” provides general information on events and programs.

WAY TO REGISTER

• Cypress Resident online registration begins Monday, February 8th at 8:00am.
• Cypress Resident Walk-in and Mail-In Registration begins Tuesday, February 16th.
• Non-Resident Registration begins Monday, February 22nd at 8:00am.
• $10 Non-Resident fee per participant per class.

Already looking forward to our summer activities?
The Summer Activity Guide will be online in April.

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ON THE COVER: Tai Chi, page 44
Every Tuesday | 9 AM - 10 AM
City Council

Jon Peat .................................................. Mayor
Stacy Berry ............................................ Mayor Pro Tem
Anne Hertz ............................................. Council Member
Frances Marquez, Ph.D. ......................... Council Member
Paulo Morales ........................................ Council Member

Recreation & Community Services Commission

Linda Croce ........................................... Chair
Vanessa Burtle ...................................... Vice Chair
Nancy Conze ......................................... Commissioner
Roger Hollenbeck ................................. Commissioner
Jennifer Park ........................................ Commissioner
Vacant .................................................. Commissioner
Vacant .................................................. Commissioner

The Recreation and Community Services Commission meets at 6:00pm on the 3rd Tuesday of the month at the Cypress Community Center.

Senior Citizens Commission

Gincy Heins .......................................... Chair
Sherre Yurenko ...................................... Vice Chair
Ginger Osman ....................................... Commissioner
Carlos Ramirez .................................... Commissioner
Jan Stein .............................................. Commissioner
Vacant .................................................. Commissioner
Vacant .................................................. Commissioner

The Senior Citizens Commission meets at 3:00pm on the 2nd Wednesday of the month at the Cypress Senior Center.

Recreation & Community Services Staff

Cameron Harding ................................... Director
Jeff Draper ............................................ Manager
Shelly Myers ........................................ Supervisor
Jenni Worsham ..................................... Supervisor
Shayna Gutierrez .................................. Coordinator
Kaylie Kontaratos ................................. Coordinator
Lauren Parga ........................................ Coordinator
Andi Terry ........................................... Specialist
Teena Tomlinson .................................. Specialist
On December 14, 2020, Cypress held a Drive-In City Council Meeting in the City Hall parking lot to recognize Mayor Rob Johnson and Mayor Pro Tem Mariellen Yarc for their eight years of dedicated service. Mayor Johnson and Mayor Pro Tem Yarc both delivered heartfelt farewell speeches and were presented with tokens of appreciation from the City. Cypress also welcomed two newly-elected council members, Council Member Frances Marquez, Ph.D., and Council Member Anne Hertz. City Clerk, Alisha Farnell swore in our two new council members who also addressed the City of Cypress and expressed their gratitude for the opportunity to serve our city.

2021 CITY COUNCIL

Jon Peat – Mayor
Stacy Berry – Mayor Pro Tem
Paulo Morales – Council Member
Anne Hertz – Council Member
Frances Marquez, Ph.D. – Council Member

CITY HALL - 5275 Orange Ave
Administration and Finance
General Information: (714) 229-6700
Building, Public Works, and Planning
Planning Division Services: (714) 229-6727
Building Division Services: (714) 229-6730
Public Works: (714) 229-6740
Maintenance Yard: (714) 229-6760

POLICE DEPARTMENT - 5275 Orange Ave  |  (714) 229-6600

COMMUNITY CENTER - 5700 Orange Ave  |  (714) 229-6780

SENIOR CENTER - 9031 Grindlay St  |  (714) 229-2005

Due to the latest state mandate, Cypress city facilities will continue to be CLOSED until further notice.

For the safety of our staff, many employees are working remotely. If you need assistance, requests can be handled online at cypressca.org or by phone.

2021 CITY CLOSURES

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<tr>
<th>JAN 1</th>
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<th>NOV 26</th>
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<td>JAN 18</td>
<td>SEPT 6</td>
<td>DEC 23</td>
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<td>FEB 15</td>
<td>NOV 11</td>
<td>DEC 24</td>
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<tr>
<td>MAY 31</td>
<td>NOV 25</td>
<td>DEC 31</td>
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TENNIS COURT RESURFACING

The tennis courts at the Cypress Civic Center were resurfaced and reopened on November 30th. The courts are open for City facilitated tennis lessons and open play from 8:00 AM to 10:00 PM seven days a week.
SMALL BUSINESS RESILIENCY GRANTS
www.cypressca.org/resiliency

As part of the City Council’s ongoing commitment to Cypress’ small businesses, they created a $750,000 program to provide $5,000 grants to businesses most vulnerable to COVID-19 impacts. The Cypress Small Business Resiliency Grant Program targets businesses that serve Cypress residents and have been forced to temporarily close or limit operations as a result of the pandemic. The City is hoping to help between 150-200 businesses by the time all of the available funding has been exhausted.

COMMUNITY PLATE HOT MEALS PROGRAM

The Community Plate – Hot Meals Program provides immediate nutritional assistance to vulnerable Cypress residents. The program supplements existing food distribution programs operated by the City, Cypress School District, and the Boys and Girls Club with hot meals from Cypress restaurants.

A minimum of $5,000 and a maximum of $15,000 of funding is awarded to eligible restaurants. If you would like to know how to become a food provider visit www.cypressca.org/foodprovider

NON-PROFIT GRANT PROGRAM COVID-19 PANDEMIC SUPPORT

Did you know the City Council supports a variety of non-profit organizations that provide programs and services to Cypress residents through the Non-Profit Grant Request Program? As COVID-19 has impacted these organizations and their operations, in addition to the Non-Profit Grant Request Program, City Council established a $300,000 pandemic support program to allow non-profits to apply for one-time, direct support for costs associated with COVID-19.

Funding may be awarded to Cypress non-profit organizations that serve residents to fill service or delivery gaps, support older adults and the vulnerable, support community relief and recovery efforts, or adapt service delivery enhancements to accommodate the Stay at Home Order or COVID-19 physical distancing restrictions.

Wearing Is Caring
Masks are required in all city facilities

PLEASE STAND 6 FEET APART
Six Feet Please
Keep your distance to reduce the spread

Don’t Pass It On
Wash your hands frequently
2020 VIRTUAL HOLIDAY SING
www.cypressca.org

With all the changes we faced in 2020, the Cypress Recreation and Community Services Department had to get creative to bring holiday cheer to Cypress! Cypress adapted one of its most beloved events, Holiday Sing! Oxford High School and Lexington Jr. High choirs sent in their virtual performances, and former Mayor Rob Johnson hosted.

For more events like this one check our social media or cypressca.org.

Cypress hosted their annual Holiday Decorating Contest for residents and gave out awards for 13 different categories!

Pictured is the 2020 Best of the Best award winner! Make sure to enter next year if you didn't this year.

DECEMBER HIGHLIGHTS

Santa Claus came to town in style and visited residents with his jolly helper Donut. Escorted by our Police Department motorcyclists, Santa spent three days traveling to Cypress parks and spreading holiday cheer.

The City also created a daily calendar to keep everyone entertained throughout the month.

FROM THE DESK OF SANTA CLAUS

To all of my friends in Cypress! Ho ho ho From the North Pole! Thank you for coming to visit me at your parks! I had so much fun seeing all of you and riding around town with my new friend, Donut! I hope you all had a very happy holiday!

Santa Claus

Cypress Recreation and Community Services department’s Adopt-A-Family Program provides holiday gifts for local families in need. Due to COVID-19, the 2020 program operated differently, with sponsors providing gift cards in lieu of gifts. These gift cards were used by the parents to purchase holiday gifts for their families.

THIS YEAR, 15 groups, families and businesses sponsored 28 families.

If you are interested in participating next year contact the Senior Center at (714) 229-2005
THANKS K9INVEST!
K9Invest is a local non-profit that donated a ballistic vest for our newest K9, Bono. The vest provides the same level of ballistic protection issued to our officers and allows Bono to conduct his job with an increased margin of safety.

www.k9invest.org

Thanks to the partnership between the community and the Police Department, Cypress enjoys a low crime rate compared to many parts of California.

SALARY & BENEFITS

$82,494 - $107,904 annual salary
Paid vacation and sick leave
3/12 & 4/10 work schedules
11 paid holidays
Special Assignment Pay
Tuition reimbursement
Up to $1,320/year
Medical coverage
Dental coverage
Vision coverage
And more!

POLICE STATION REMODEL

Our 20,000 square-foot Police station is the City’s most heavily used facility, operating 24 hours a day, seven days a week, 365 days a year. This project will provide vital seismic retrofits to protect from earthquakes, and a new emergency operations center.

Completion is scheduled for Fall 2021.

We’re hiring
CYPRESS POLICE OFFICERS

Requirements: Minimum age of 21, high school diploma or G.E.D., a U.S. citizen or filed application for citizenship, capable of physical demands of law enforcement, good moral character, and no felony convictions.

Highly desirable: Bilingual, a Bachelor’s degree and/or a Master’s degree

CALL US TODAY
(714) 229-6630

www.cypresspd.org
EVERY SATURDAY
from 9 AM to 2 PM

CYPRESS FARMERS MARKET
Located in the Cottonwood Church Parking Lot

A Cypress booth will be present the second Saturday of every month sharing city updates

EXTRA! EXTRA! Our senior newsletter, “Along the Way” has updates, recipes, puzzles, and much more! Seniors receive a copy in our weekly Meals on Wheels distribution, through email, or in the mail to those with subscriptions. For more info call (714) 229-2005.

Cypress Senior Center
ALONG THE WAY
STAY-AT-HOME EDITION
cypressrec.org

DOWNLOAD our Cypress Central App

Cypress Central users have city resources at their fingertips. With features like issue reporting, service requests, contact information for City Council and city departments, maps, city news, and upcoming events. You will find it easier than ever to stay connected! Available for download on the Apple iOS App Store and Google Play Store.

FOLLOW US ON SOCIAL MEDIA
@cityofcypress @city_of_cypress @cityofcypress

SUBSCRIBE ON YOUTUBE
Check out our YouTube channel for monthly craft ideas, workshop recaps, event videos, messages from Cypress representatives, and tutorials led by the City of Cypress Recreation and Community Services department!

WATCH NOW
@CityofCypress
RED CROSS BLOOD DRIVES

You can save lives by donating blood or plasma at our Red Cross Blood drives! It takes about 8 – 10 minutes on average and can help so many people in need. Cypress hosts blood drives frequently throughout the year at the Cypress Senior Center or the Cypress Community Center. Info can be found on redcrossblood.org with sponsor code CYPRESS.

Next Drive: March 16 at the Community Center from 10 AM to 4 PM

Help with the COVID-19 Convalescent Plasma Shortage!
If you’ve fully recovered from a verified COVID-19 diagnosis, your convalescent plasma donation may help up to 4 coronavirus patients in need! Visit www.redcrossblood.org for a location to donate.

COVID VACCINATION INFORMATION
Disneyland Resort has stepped up to host the county’s first Super POD (point-of-dispensing) site. It will serve – by appointment only – people who live or work in Orange County and are eligible based on the state’s priority list.

In anticipation of future needs, the Virtual Emergency Volunteer Center (EVC) is currently pre-registering volunteers interested in assisting government staff with COVID-19 vaccinations at Points of Distribution (POD) sites this year. Medically trained volunteers as well as general support volunteers will be needed.

Register here: http://bit.ly/VaccineVolunteerOpportunities

www.covidvaccinefacts.com
In anticipation of future needs, our Virtual Emergency Volunteer Center (EVC) is currently pre-registering volunteers interested in assisting government staff with COVID-19 vaccinations at Points of Distribution (POD) sites this year. The County of Orange is looking to establish two teams of volunteers willing to serve in these crucial volunteer roles:

Medical Trained Volunteers
- Medical licensed volunteers able to assist with vaccine preparation and distribution.
- Currently licensed: Physicians (MD, DO and MD/DO students), Nurses (RN, LVN, Mid-Wives Nursing Students), Physician/Nursing Assistants, Dentists, Medical Assistants, Pharmacists / Pharmacists Students, Paramedics and EMTs.

General Support Volunteers
- Volunteers able to assist in logistical support roles such as computer data entry, registration, traffic and other duties as assigned.

Volunteers, we need your help. In anticipation of future needs, please register at: https://oneoc.org/
The City of Cypress is looking forward to seeing you again! In an effort to keep our participants safe and healthy, we will be instituting new mandatory protocols to help minimize the transmission of the COVID-19 virus. These protocols are required when participating in Cypress contract classes.

MANDATORY SAFETY PROTOCOLS FOR INDOOR CLASSES

Registration for a class, lecture or event is required for entry into the Cypress Community Center and Cypress Senior Center

- Enter through front doors only.
- Temperature and health questions will be conducted upon entering.
- All individuals over the age of 2 will be required to wear a mask when entering City facilities.
- Masks/face coverings must be worn correctly at all times. Masks/face coverings must cover mouth and nose at all times.
- Physical distancing of 6 feet or more.
- Proper hygiene (washing with soap and water or using hand sanitizer).
- Designated traffic flow must be followed.
- Common seating areas are closed until further notice.
- Capacity is limited in classes and activities.
- Participants are to leave facility promptly after scheduled activity ends.
- Additional protocols may be in place and will be communicated to all prior to entering and posted throughout the facility.

MANDATORY SAFETY PROTOCOLS FOR OUTDOOR CLASSES

- Temperature and health questions will be conducted prior to the start of class.
- Additional protocols may be in place and will be communicated to all prior to entering and posted throughout the facility.
- Wear a mask, especially when it is difficult to stay less than 6 feet apart from other people or indoors.

People with these symptoms may have COVID-19 and should not attend activities:

- Cough
- Chills
- Sore Throat
- Loss of Taste or Smell
- Shortness of Breath or Difficulty Breathing
- Fever (Temperature over 100.4 F)
- Muscle Pain

Wearing Is Caring
Masks are required in all city facilities

Please Stand 6 Feet Apart
Six Feet Please
Keep your distance to reduce the spread

Don’t Pass it On
Wash your hands frequently

Classes are subject to change or cancellation.
Please check cypressca.org for the most up to date information on activities.
INTRO TO CARTOON DRAWING
ONLINE
8yrs-Adult (4 weeks)
Learn the secrets of cartoon drawing and create your very own cartoon story in this unique art class. Students will learn to draw cartoon characters and other elements to create their own story ideas and turn them into actual cartoons.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>6709 May 6-27</td>
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INTRO TO ANIME DRAWING
ONLINE
8yrs-Adult (4 weeks)
Anime art is a specialized field similar to cartoon drawing. Students will learn the essence of anime art and will recreate their favorite anime characters and design new ones.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>6712 May 6-27</td>
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ART FUN FOR KIDS VIA ZOOM
Grades K-5 (4 classes)
Join our online community every Friday via Zoom. Each week we learn to draw a new art project. Miss Ronda teaches students how to break down drawings into small steps that come together to create a cool drawing. Students become more confident in their drawing abilities every step of the way. You do not need to have a Zoom account to participate. The Zoom link is provided by the instructor. Supplies we use are simple: white copy paper, pencil and eraser, colored pencils, or crayons.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

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WATERCOLORS, CHALK, & OIL PASTELS
7-13yrs (4 classes)
Join our online community every Wednesday via Zoom. Every month we learn about a different artist while incorporating their style in unique art projects. Miss Ronda teaches students how to create beautiful works of art using watercolor paint, chalk, and oil pastels. Students are encouraged to create beyond what they are being taught, using their imagination to make their own individual artwork. You do not need to have a Zoom account to participate. The Zoom link is provided by the instructor. Materials needed: watercolor paper, pencil and eraser, watercolor paint and brush, chalk, and oil pastels.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

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<td>6854 May 5-26</td>
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ART CLASS FOR KIDS ON YOUR SCHEDULE
1st – 6th Grade (1 month)
Created specifically for students whose schedule is always changing, this online art school is just for you. Log in to your library of art lessons and have access to pre-recorded art lessons. These lessons will teach you the elements of art in a fun way and is perfect for students grades 1st – 6th. Every month we introduce a new element of art, with each month building on the previous month’s lesson. We look forward to seeing you soon!
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

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<tr>
<td>6963 May 1-31</td>
<td>Any</td>
<td>Any</td>
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YOUTH ARTS AND CRAFTS
LEARN & GROW PLAYGROUP
1½-2½yrs (5 weeks)
Come join us as we meet new friends, share ideas to foster positive parenting, and all the while sharing some smiles. Children will engage in various activities including movement, literature, music, and crafts that will heighten their development in social, cognitive, and fine and gross motor skills. Parent or caregiver participation is required; please do not bring unregistered siblings. Material fee: $5 due to instructor first day of class.
Instructor: D. Perez
Location: Los Alamitos Community Center, 10911 Oak St, Los Alamitos

SHAPING IT UP WITH ABC’S & 123’S
2½-5yrs (5 weeks)
Come join us as we explore our world of numbers, shapes, and letters. Class will target classification, counting, numbers/letters/colors/shapes, socialization, music, movement, crafts, and prepare children for school readiness. Parent or caregiver participation is required; please do not bring unregistered siblings. Material fee: $5 due to instructor first day of class.
Instructor: D. Perez
Location: Los Alamitos Community Center, 10911 Oak St, Los Alamitos

INTRODUCTION TO TYPING, WORD, & POWERPOINT
8yrs-Adult (7 weeks)
Develop your basic typing skills and prepare for many years of future usage. This course will introduce you to Microsoft Word for writing reports, homework, or basic communication. Hands-on exercises are provided with the opportunity to make a flyer and turn it into an awesome slide show presentation by using PowerPoint. Come sharpen your skills to the next level of learning and get a head start in school or at work.
Instructor: AGI Academy Staff
Location: Online

MATH WORKSHOP FOR 2ND – 8TH GRADERS
7-13yrs (7 weeks)
This is a great refresher course for students who want to brush up on their math skills. Experience a new approach on math problem solving and hands-on practice for 2nd - 8th graders. Whether students need help with homework assistance, chapter review, or want to prepare for a test, AGI is here to help. The program not only helps with individual improvement but will also help students manage overall success in school learning.
Instructor: AGI Academy Staff
Location: Buena Park Community Center, 6688 Beach Blvd, Buena Park (Behind City Hall)

CRITICAL READING
Grades 3-6 (6 weeks)
This online course helps students strengthen their critical reading skills, which is an essential analytical technique for academic success. It involves students identifying information and ideas, as well as bringing outside knowledge, biases, and values in order to properly analyze a given text. Students will learn how to enhance their reading comprehension skills, strategies, and tools used for written expression and mechanism. Please call (626) 379-1112 for all questions.
Instructor: AGI Academy Staff
Location: Online

COURSE DATES | DAY | TIME | FEE
--- | --- | --- | ---
6715 | Mar 4-Apr 15 | TH | 4:45-5:30pm | $102
6716 | Apr 22-Jun 3 | TH | 4:45-5:30pm | $102

COURSE DATES | DAY | TIME | FEE
--- | --- | --- | ---
6717 | Mar 4-Apr 15 | TH | 4:00-4:45pm | $102
6718 | Apr 22-May 27 | TH | 4:00-4:45pm | $102

COURSE DATES | DAY | GRADES | TIME | FEE
--- | --- | --- | --- | ---
6719 | Apr 13-May 18 | T | 3-4 | 5:00-5:40pm | $92
6720 | Apr 13-May 18 | T | 5-6 | 5:50-6:30pm | $92
MATH HOMEWORK WORKSHOP
Grades 3-8 (6 weeks)
Experience a new online class for a practical approach to math problem solving and hands-on practice for 3rd-8th graders. This class teaches foundational math and its essential skills, whether your student needs chapter review, assistance on a new topic for school, or help preparing for tests. This program not only helps with individual improvement, but will also benefit their management and overall success in school. Please call (626) 379-1112 for all questions.
Instructor: AGI Academy Staff
Location: Online
COURSE DATES DAY GRADES TIME FEE
6721 Apr 15-May 20 TH 3-5 5:50-6:30pm $92
6722 Apr 15-May 20 TH 6-8 6:40-7:20pm $92

CHALLENGE YOUR COMPUTER SKILLS
8-15yrs (6 weeks)
Do you want to sharpen your computer skills for writing reports, homework, or basic communication? This class will provide you useful tools and benefits you to get ahead in school. Students will receive hands-on practice in Microsoft Word and PowerPoint to make a publication and turn it into an awesome slide show presentation. This class is for both beginners and experienced users who want to advance their level. Please call (626) 379-1112 for all questions.
Instructor: AGI Academy Staff
Location: Online
COURSE DATES DAY TIME FEE
6723 Apr 13-May 18 T 6:40-7:20pm $92
6724 Apr 15-May 20 TH 7:30-8:10pm $92

MICROSOFT OFFICE COMPUTING
16yrs-Adult (6 weeks)
Do you want to sharpen your computer skills for writing reports, homework, or basic communication? This class will provide you useful tools and benefits you to get ahead in school. Students will receive hands-on practice in Microsoft Word and PowerPoint to make a publication and turn it into an awesome slide show presentation. This class is for both beginners and experienced users who want to advance their level. Please call (626) 379-1112 for all questions.
Instructor: AGI Academy Staff
Location: Online

DO YOUR PART TO REDUCE THE SPREAD OF COVID-19
Wearing Is Caring
Masks are required in all City facilities
Six Feet Please
Keep your distance to reduce the spread
Don’t Pass It On
Wash or sanitize your hands frequently

SMALL ACTIONS MAKE A BIG DIFFERENCE
**PRINCESS BALLET**  
3-6yrs (5/10 weeks)  
Dancers learn beginning ballet and creative movement with a princess twist! Class also helps improve coordination and musicality. Ballet shoes required.  
*Material fee: $10 due to instructor first day of class.*  
*No class Mar 22.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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<td>6857*</td>
<td>Mar 15-May 24</td>
<td>M</td>
<td>3:30-4:15pm</td>
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**BALLET, JAZZ, & TAP COMBO**  
3-6yrs (5/10 weeks)  
Children involved in dance improve coordination, rhythm, and listening skills. This beginning class introduces tap, jazz, and ballet movements and dance terminology. Ballet and tap shoes required.  
*No class Mar 22.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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**ALL IN ONE DANCE**  
5-9yrs (5/10 weeks)  
Dancers will learn the basic fundamentals in ballet, jazz, tumbling, and hip hop. Class promotes balance, coordination, rhythm, listening skills, and imagination through creative movement exercises. Suitable for boys and girls. Please contact OC Dance for more info: info@ocdanceproductions.com.  
*No class Mar 22.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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**BUTTERFLY BALLERINAS**  
4-6yrs (5/10 weeks)  
For dancers just finding their “wings”. Participants learn beginning ballet, terminology! Class promotes coordination, poise, grace, rhythm, & listening skills. Creative exercise included. Ballet shoes required.  
*No class Mar 23.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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**HIP HOP**  
3-5yrs (5/10 weeks)  
Dancers learn beginning hip-hop in dance combinations and individual moves. Class cultivates individuality. All moves and music age-appropriate. Class improves coordination, rhythm, listening skills, and agility. Sneakers or dance shoes are required.  
*No class Mar 23.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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**POP STAR HIP HOP**  
5-9yrs (5/10 weeks)  
Dance and choreograph like your favorite star! Through clean and fun jazz and hip hop based moves, participants learn choreography and lyrics to popular age-appropriate artists. Sneakers required.  
*No class Mar 23.*  
**Instructor:** OC Dance Productions  
**Location:** Cypress Community Center

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LEhua TEEN INTERMEDIATE
12-17yrs (11 weeks)
Lehua dancers must have a few years taking Leiali`inani, and must be able to demonstrate solid hula experience, and be able to perform all levels of hula with all traditional hula implements. Students must be committed to being in both hula and Tahitian dance classes and regularly attend class, perform regularly, learn quickly, practice outside of class on their own, and project confidence. We begin by introducing basic footwork/ hand motions to Hula & Tahitian choreography, then add more complex techniques. *No class May 11.
Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES DAY TIME FEE
6808* Mar 16-May 25 T 7:00-8:00pm $107

ADULT HULA RECREATIONAL
16yrs-Adult (11 weeks)
Aloha kakou (greetings all). Adult Hula focuses on basic footwork & hand motions, timing, integrating Hawaiian language & applying basics to Hula. This class will help you develop as a dancer, have a deeper understanding of Hula, and have opportunities to learn lei making, implements, and costumes for shows (optional). Students should wear comfortable clothing. All skill levels are welcome. Material fee: $2 due to instructor first day of class.
Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES DAY TIME FEE
6809 Mar 18-May 27 TH 7:00-7:45pm $107

KEIKI POLYNESIAN RECREATIONAL
5-10yrs (11 weeks)
This class is appropriate for the young beginning dancer. This class covers basic Hula and Tahitian steps and hand motions while learning Hawaiian language and songs. New students must be able to participate in the class by themselves. All new students will start in the Recreation Keiki Polynesian class regardless of age and will be evaluated and moved up upon instructor approval. Performing with costumes is optional and should be discussed with the teacher.
Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES DAY TIME FEE
6810 Mar 18-May 27 TH 5:45-6:30pm $107

MAILE & LIKO INTERMEDIATE KEIKI – POLYNESIAN DANCE
7-10yrs (11 weeks)
This class is for students who have been approved to transition from Recreational Polynesian classes. We begin by introducing basic footwork/ hand motions to Hula & Tahitian choreography, then add more complex techniques and choreography. Activities include practice in Hawaiian language, chanting/singing, and playful basics. Students will also learn to make costumes, adornments, and instruments. Hawaiian vocabulary will be tested while they are performing their hula basics. Performing is required. *No class May 11. **No class May 19.
Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES DAY TYPE TIME FEE
6811* Mar 16-May 25 T Liko 5:30-6:30pm $107
6812** Mar 17-May 26 W Maile 5:30-6:30pm $107

SAMPAGUITA INTERMEDIATE ADULT HULA
16yrs-Adult (11 weeks)
We strive to create a respectful, fun environment for adults to enjoy “their time” to learn hula, traditions, culture, and protocol. Our goal in all adult classes is to create and maintain a solid foundation in hula basics. All classes are progressive. We are focused towards the students’ evolution by sharing more complex choreography, including implement hulas, chanting, Hawaiian language, making costumes, and adornment. Performing is required. *No class May 19.
Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES DAY TIME FEE
6813* Mar 17-May 26 W 7:00-8:00pm $107

See a class you’re interested in? Sign up now! Classes may be cancelled for low enrollment.
Serving the City of Cypress for over 30 years, the GC Dance Program under the direction of Miss Ginger and Miss Charlotte offers professional instruction in tap, ballet, and hip hop for ages 3 to adult (see Adult Section for more information). Dance helps develop poise, coordination, self-confidence, and self-control. Students are instructed in technique and learn dances to showcase those learned skills. This structured learning process helps students develop into skilled dancers.

Location: Cypress Community Center

**TAP/BALLET: LEVEL E**
9-12yrs (8 weeks)
Instructor: Miss Ginger

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**HIP HOP**
8-15yrs (8 weeks)
Instructor: Miss Charlotte

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**KIDS NIGHT OUT**

Kids Night Out is offered on the third Friday of each month! This program includes games, crafts, a movie, dinner and dessert!

Kids, get ready for a fun night out with friends and our Recreation staff. Parents, take this opportunity to watch a movie, check out a new restaurant, or have a quiet night at home.

**Location:** Cypress Community Center.

Ages: 5-12 years old.

Spots are limited, register early.

For more information:
Call (714) 229-6780 or visit cypressrec.org
**GROUP KEYBOARD**
8yrs-Adult (4 weeks)
Learn to play piano/keyboard in these fun-filled classes. Begin with no previous knowledge of music. Students must have their own keyboard or piano.
Instructor: Creative Brain Learning Staff
Location: Online

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**GROUP GUITAR**
8yrs-Adult (4 weeks)
Learn how to play one of the world’s most popular instruments in just a few sessions. No previous music experience is necessary. Students must have their own guitars.
Instructor: Creative Brain Learning Staff
Location: Online

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<tr>
<td>6727</td>
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**GROUP UKULELE**
8yrs-Adult (4 weeks)
Come and learn to play the ukulele in this fun group class, ages 8 and up. Students must have their own ukulele.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>6730</td>
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**PRIVATE PIANO LESSONS VIA ZOOM**
6yrs-Adult (4 classes)
You will receive four 30 minute lessons. Once you register you can contact Miss Ronda at thefoundation123@gmail.com to schedule your lessons. You will receive a link to purchase your piano book and the Zoom link for your lessons. You must have a piano or keyboard at home to learn and practice on.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

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**PRIVATE GUITAR LESSONS VIA ZOOM**
10yrs-Adult (4 classes)
You will receive four 30 minute lessons. Once you register you can contact Miss Ronda at thefoundation123@gmail.com to schedule your lessons. You will receive a link to purchase your guitar book and the Zoom link for your lessons. You must have a guitar at home to learn and practice on.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

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HORSE FUN FOR KIDS
7-13yrs (4 weeks)
Learn basic horsemanship, safety, grooming, saddling, and basic riding. Please wear closed-toed shoes, long jean pants, and bike helmet. Parent participation is required for kids ages 3-6, and they must bring a bike helmet. Unregistered siblings are not allowed to participate in the class. www.havefunwithhorses.com.
Material fee: $30 due to instructor first day of class.
Instructor: C. Skidmore
Location: El Rodeo Stables, 4449 Carbon Canyon Rd, Brea

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INTRO TO COMPUTER CODING
7-12yrs (4 weeks)
This introduction to computer coding lets participants explore basic concepts of coding. Join us for the fun and science of creating your very own computer programs.
Instructor: Creative Brain Learning Staff
Location: Online

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VIDEO GAME DESIGN ONLINE
8-15yrs (4 weeks)
You play the games, now learn to design and develop them. Students will create and develop their own video game that they can take home and play.
This program only runs on Microsoft devices. KODU Gamelab is a Microsoft product and is designed to work on Windows devices. It is not supported on Mac OS or Android devices.
Instructor: Creative Brain Learning Staff
Location: Online

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MIT APP INVENTOR
10-15yrs (4 weeks)
MIT App Inventor is an intuitive, visual programming environment that allows everyone to build fully functional apps for smartphones and tablets. App Inventor is a cloud-based tool, which means you can build apps right in your web browser. Required: Android phones and tablets. Zoom Link will be sent by the instructor via email after registration.
Instructor: Creative Brain Learning Staff
Location: Online

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CHESS WIZARDS
KINDERGARTNERS – KINDER WIZARD
5-12yrs (11 weeks)

Chess Wizards is one of the nation’s premier chess education companies and our mission is to make learning chess fun and exciting for kids. We have adapted some of our most popular activities in the physical classroom to fit the digital one. These include puzzles, tournaments, blitz games - and even chess variation games! This class is specifically designed for all Kindergartners to expand their love of chess learning and to grow and build knowledge.

Instructor: Chess Wizards Staff
Location: Online

COURSE DATES    DAY    TIME    FEE
6740  Mar 19-May 28  F 3:00-4:00pm  $145

CHESS WIZARDS PROUD PAWNS – BRAND NEW WIZARD
5-12yrs (11 weeks)

Chess Wizards is one of the nation’s premier chess education companies and our mission is to make learning chess fun and exciting for kids. This class is for students who are new to chess. Students will learn how the pieces move, how the board is set up, and chess language, etc. All you need is a working brain and required technology, that’s it.

Instructor: Chess Wizards Staff
Location: Online

COURSE DATES    DAY    TIME    FEE
6741  Mar 19-May 28  F 3:00-4:00pm  $145

CHESS WIZARDS NIFTY KNIGHTS – BEGINNER WIZARD
5-12yrs (11 weeks)

Welcome to Chess Wizards Online! Chess Wizards is one of the nation’s premier chess education companies and our mission is to make learning chess fun and exciting for kids. Do you understand piece movement, capturing, and chess language? This is the class for you! In this class, students will learn check, checkmate, piece value, basic tactics, basic opening ideas, thinking ahead, etc.

Instructor: Chess Wizards Staff
Location: Online

COURSE DATES    DAY    TIME    FEE
6742  Mar 19-May 28  F 3:00-4:00pm  $145

CHESS WIZARDS BRILLIANT BISHOPS – INTERMEDIATE WIZARD
5-12yrs (11 weeks)

Do you understand check, checkmate, castling, piece value, pawn promotion, en passant, and can solve mate in one puzzle with ease? This is the class for you! In this class, students will learn more tactics and use them regularly. Students will also learn basic endgames and can win when ahead. They will start to think about their opponents’ plans along with their own.

Instructor: Chess Wizards Staff
Location: Online

COURSE DATES    DAY    TIME    FEE
6743  Mar 19-May 28  F 3:00-4:00pm  $145

CHESS WIZARDS RAD ROOKS – STRONG INTERMEDIATE WIZARD
5-12yrs (11 weeks)

This class is designed for students who find 1-move puzzles to be easy. They can name and demonstrate all major tactical themes, set up combinations, or escape them. They see the whole board, 2+ moves ahead. They create their own game plans and make less goofy mistakes. Students should be able to demonstrate all tactical themes, can solve most 1-move puzzles, know basic opening strategies, and win simple endgames.

Instructor: Chess Wizards Staff
Location: Online

COURSE DATES    DAY    TIME    FEE
6744  Mar 19-May 28  F 3:00-4:00pm  $145

CHESS WIZARDS classes are skill based; to determine your child’s skill level, please visit the link: https://bit.ly/3g7w3cp

Want to teach classes in Cypress? Apply to be an instructor today! Contact (714) 229-6780 for more information!
NEW! GAMEMAKER: ROBLOX
GAME DESIGNER
7-9yrs (5 weeks)
Roblox is an immersive educational tool with limitless opportunities for students to explore their creativity and imagination. Using Roblox’s virtual sandbox environment, students will discover the power of game design through fun and engaging projects before applying their new skills to build amazing Obby’s, games, and levels using Roblox Studio. Students will work through unique projects each day and then share their creations virtually with other students in the class. In this class, students will develop technical and creative problem-solving skills, as well as gain an excellent knowledge of game creation. A perfect class for the creative and curious student! *No class Mar 29. **No class Mar 31.
Instructor: Brainstorm Staff
Location: Online

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NEW! MINECRAFT UNIVERSITY: REDSTONE ENGINEERS
8-11yrs (5 weeks)
Students will explore the mechanics of Redstone by creating complex circuitry to learn the fundamentals of circuitry and logic gates. Students will begin by visiting the Museum of Redstone to learn the secrets of circuitry. Afterwards, students will apply their newfound knowledge by working together on our custom server to build an automated virtual school. Students will also construct redstone rockets, logic gates, redstone cars, security systems, farming machines, a redstone trap maze, and more during the course. A perfect course for Minecraft fans that are looking to take their builds to the next level, as well as learn about electronics. *No class Mar 30.
Instructor: Brainstorm Staff
Location: Online

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<td>T</td>
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<tr>
<td>6901</td>
<td>May 4-Jun 1</td>
<td>T</td>
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<td>$177</td>
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NEW! MINECRAFT UNIVERSITY: GAME DESIGNER
7-10yrs (5 weeks)
Unlock the power of game design in this engaging and creative class for young builders. Learn the fundamentals of level design within the versatile sandbox environment of Minecraft. Discover how to make stunning worlds as you make games like Ender Golf, Capture the Flag, Temple Run, and more. Students will learn advanced building techniques and problem solving as they create amazing games of their own design. *No class Mar 29. **No class Apr 1.
Instructor: Brainstorm Staff
Location: Online

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NEW! MINECRAFT UNIVERSITY: MODDING MASTERS
9-12yrs (5 weeks)
In this class, students create their own mods in Minecraft! Learn to design your own custom blocks to customize the world of Minecraft. Discover how to create your own items and tools to transform the way you play. Then use your newfound skills to build custom weapons and armor before testing them out against mobs. Even learn how to make your own biomes and dimensions to make the game your own. Students unlock the secrets to modding and ignite their own imaginations by discovering how to add just about anything they can dream up straight into the digital world of Minecraft. *No class Mar 30.
Instructor: Brainstorm Staff
Location: Online

COURSE DATES | DAY TIME | FEE
---|---|---
6902* Mar 23-Apr 27 T 4:15-5:30pm $177
6903 Apr 12-16 M-F 10:30am-12:00pm $177
6904 May 4-Jun 1 T 4:15-5:30pm $177

NEW! STEAM STUDIO: YOUTUBE MASTERS
9-12yrs (5 weeks)
Learn the software and skills to become the next YouTube star in this creative and engaging class. From YouTube beginner basics to awesome editing techniques, students will explore all aspects of video production. Turn a passion for gaming into a professional online presence with game casting, make your own Let’s Play video, and more. Become your own YouTube personality while learning how to record and live-edit your broadcasts. A perfect class for kids that are looking to explore coding in a simple and intuitive environment. *No class Mar 29. **No class Apr 1.
Instructor: Brainstorm Staff
Location: Online

COURSE DATES | DAY TIME | FEE
---|---|---
6905* Mar 22-Apr 26 M 4:15-5:30pm $177
6906** Mar 26-Apr 30 F 4:15-5:30pm $177
6907 Apr 12-16 M-F 1:00-2:30pm $177
6908 May 3-31 M 4:15-5:30pm $177
6909 May 7-Jun 3 F 4:15-5:30pm $177

NEW! CODE ACADEMY: STAR WARS AND SUPERHERO PROGRAMMING
8-11yrs (5 weeks)
In this amazing virtual camp, kids create awesome Star Wars and Superhero games of their own design. Students will discover their own superpowers as they unlock the power of coding by programming heroes to battle bad guys, leap over tall buildings, and capture the villains. Then create code to fly an X-wing, wield a lightsaber, or use the Force. During the course, kids will use Scratch, a graphical programming language developed at MIT which allows students to think creatively while learning fundamental coding concepts, such as loops, variables, and constructors. Great for beginner and intermediate students looking to explore coding in a simple and intuitive environment. *No class Mar 30. **No class Apr 1.
Instructor: Brainstorm Staff
Location: Online

COURSE DATES | DAY TIME | FEE
---|---|---
6910* Mar 23-Apr 27 T 2:45-4:00pm $177
6911** Mar 25-Apr 29 TH 2:45-4:00pm $177
6912 May 4-Jun 1 T 2:45-4:00pm $177
6913 May 6-Jun 3 TH 2:45-4:00pm $177
**NEW! GAMEMAKER: ROBLOX**
**DESIGN AND CODING**
8-11yrs (5 weeks)

Roblox is an immersive educational tool with limitless opportunities for students to explore their creativity and imagination. Using Roblox Studio, students will code scripts using the Lua programming language to take game design to the next level, as they build amazing Obby’s, games, and levels in Roblox. Students will work through unique projects each day and then share their creations virtually with other students in the class. Video game design is comprised of many different technical and design components which provide a great framework for learning and fun. In this class, students will learn fundamental programming skills, technical and creative problem solving, as well as gain an excellent knowledge of game creation. *No class Mar 30. **No class Apr 30.

Instructor: Brainstorm Staff
Location: Online

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**NEW! CODE ACADEMY: VEX VIRTUAL ROBOTICS**
9-12yrs (5 weeks)

Join the robot revolution in this exciting hands-on and future-focused class! Combining code and cutting-edge technology, students are introduced to the world of robotics as they discover the power of applied programming and engineering. VEX Virtual Robotics allows students to code virtual robots through 3D playgrounds to solve mazes, make art, perform tasks and, even, play games. Using a block-based coding environment powered by Scratch, students will learn to program robots to participate in fun games and challenges, including, Castle Crash. This exciting game combines precision and speed to see who can destroy the castle the quickest, but be careful you don’t fall off the edge! The programming learned in this class does translate to real-world VEX robots. *No class Mar 31.

Instructor: Brainstorm Staff
Location: Online

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**NEW! MINECRAFT UNIVERSITY: ROBOTIC REVOLUTION**
8-11yrs (5 weeks)

Minecraft & Robotics are so much fun, we thought why not combine the two! Students play Minecraft on our custom robotics Olympics-style map to explore programming and robotics through fun games and challenges. Programming within Minecraft allows kids to explore problem solving and logic in a stimulating environment where they see the results of their programs instantly through their Minecraft robot. Students will learn programming concepts that can be applied to other higher-level languages like C# or Java. *No class Mar 31.

Instructor: Brainstorm Staff
Location: Online

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**NEW! CODE ACADEMY: PYTHON PROGRAMMING**
10-14yrs (5 weeks)

Python is a powerful, multi-purpose programming languages that can be used for web development, artificial intelligence, scientific computing, apps, games, and more. This course provides an interactive and educational experience that will help breakdown the fundamentals of programming in an intuitive and engaging way, as students learn to program to create games, simple applications, and even art. Students will be introduced to fundamental coding concepts such as variables, functions, and conditionals through hands-on projects. *No class Mar 31.

Instructor: Brainstorm Staff
Location: Online

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**COURSE DATES** | **DAY** | **TIME** | **FEE**
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6914* | Mar 23-Apr 27 | T | 4:15-5:30pm | $177
6915** | Mar 26-Apr 30 | F | 2:45-4:00pm | $177
6916 | May 4-Jun 1 | T | 4:15-5:30pm | $177
6917 | May 7-Jun 4 | F | 2:45-4:00pm | $177

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**COURSE DATES** | **DAY** | **TIME** | **FEE**
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6920* | Mar 24-Apr 28 | W | 4:15-5:30pm | $177
6921 | May 5-Jun 2 | W | 4:15-5:30pm | $177

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**COURSE DATES** | **DAY** | **TIME** | **FEE**
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6922* | Mar 24-Apr 28 | W | 2:45-4:00pm | $177
6923 | May 5-Jun 2 | W | 2:45-4:00pm | $177
**NEW! GAMEMAKER: ROBLOX ADVENTURE GAME DEVELOPER**
8-11yrs (5 weeks)
Discover the power of programming and become a Roblox® Developer! Students will create amazing worlds using Roblox® Studio and the Lua programming language. Develop an adventure game where players can explore a visually stunning world as they embark on epic quests. This class will work through unique 3D modeling, level design, and coding concepts during each lesson. Students will learn fundamental programming skills, technical and creative problem solving, as well as gain an excellent knowledge of game creation. *No class Apr 1.
Instructor: Brainstorm Staff
Location: Online

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<tr>
<td>6926</td>
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**NEW! MINECRAFT UNIVERSITY: ADVENTURES THROUGH TIME**
8-11yrs (5 weeks)
Our Minecraft University: Adventures Through Time class takes your kids on an expedition to explore the California Mission Trail, stake a claim during the Gold Rush, and take part in the Boston Tea Party. Begin by retracing the steps of the Franciscans by taking a journey up the El Camino Real and embark on quests to help Junipero Serra build the Missions. Then make the treacherous passage to the gold rush country to stake your claims and of course find GOLD! And, finally, get a chance to meet Ben Franklin, ride alongside Paul Revere and sign the Declaration of Independence. Our students don’t just read about our great country’s history; they live it. *No class Apr 1.
Instructor: Brainstorm Staff
Location: Online

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**NEW! GAMEMAKER: POKEMON PROGRAMMING MASTERS**
9-11yrs (5 weeks)
In this course, students will learn to build amazing Pokemon games using Microsoft’s MakeCode, a visual block-based coding platform. Create games that allow you to capture Pokemon, battle, explore, and more through a series of fun and engaging lessons led by our expert online instructors. Game design encourages critical and creative thinking, programming skills, problem-solving, and collaboration. Students will be introduced to coding concepts such as functions and conditional statements as they learn to create games of their own design. Students can expect to develop technical and creative problem-solving skills, as well as gain an excellent knowledge of game creation. Grow from being a gamer to a creator in this fun and engaging course! *No class Apr 2.
Instructor: Brainstorm Staff
Location: Online

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**NEW! MINECRAFT UNIVERSITY: PYTHON MODDING**
9-12yrs (5 weeks)
Python is an easy to learn, powerful programming language. Minecraft is a fun and creative game that kids love. Put the two together and you have an engaging class that will allow kids to discover the power and fun of programming. Students will learn how to use sequential programming, variables, conditional statements, and loops to create simple mods using Python code. Spawn blocks from your feet as you walk, create a magical force-field around your player, or even make an army of golems, all with code. Python may be simple to use, but it is a very high-level programming language and you will be amazed at what it can do! *No class Mar 29.
**No class Apr 2.
Instructor: Brainstorm Staff
Location: Online

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<td>6935</td>
<td>May 7-Jun 4 F 4:15-5:30pm</td>
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### NEW! NASA SPACE ACADEMY
5-12yrs (8 weeks)
Join our Academy of Space Explorers in our NEW Extended 2 hour Lab! Children make model rockets, experiment with lasers, light, and gravity. Students will participate in hands-on activities throughout class and get to take home a project everyday! **Material fee:** $30 due to instructor first day of class. *No class Apr 6.*
**Instructor:** Mad Science Staff  
**Location:** Buena Park Community Center, 6688 Beach Blvd., Buena Park (Behind City Hall)

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<tr>
<td>6948*</td>
<td>T</td>
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### NEW! MAD MYSTERIES: DETECTIVE CAMP
5-12yrs (1 week)
Mad Science Detectives: We need your help to solve the case! Focus on the science of Forensics in this hands-on look at crime scenes. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing. **Material fee:** $30 due to instructor first day of class.
**Instructor:** Mad Science Staff  
**Location:** Buena Park Community Center, 6688 Beach Blvd., Buena Park (Behind City Hall)

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<td>6947</td>
<td>F</td>
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### SENSE-ATIONAL SCIENCE
5-12yrs (8 weeks)
What makes your hair stand up? Is it a magnet or magic? And just what are carbs, anyway? Kids explore a variety of introductory topics about the wonders of both the life and physical sciences. Our Mad Scientist will guide your child through 45-60 minute active virtual lessons (via ZOOM) and INCLUDES delivery of Mad Science Projects and additional materials that you will use throughout the class! We will also email parents a summary card and extra activity following each week’s lesson.
**Instructor:** Mad Science Staff  
**Location:** Online

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<td>6947</td>
<td>F</td>
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### HORSE FUN FOR PRESCHOOLERS
3-6yrs (4 weeks)
Preschoolers will learn how to introduce themselves to these majestic animals while learning basic horsemanship. They will learn to halter, feed, curry, hoof pick, mount, dismount, walk, turn, whoa, and enjoy a basic ride on a horse or pony. **Material fee:** $30 due to instructor first day of class.
**Instructor:** C. Skidmore  
**Location:** El Rodeo Stables, 4449 Carbon Canyon Rd., Brea

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**DO YOUR PART TO REDUCE THE SPREAD OF COVID-19**

- **Wearing Is Caring**  
  Masks are required in all City facilities

- **Six Feet Please**  
  Keep your distance to reduce the spread

- **Don’t Pass It On**  
  Wash or sanitize your hands frequently
**Generation Pound**

6-12yrs (4 weeks)

Generation Pound is a workout and movement fitness class geared towards kids, a concept that aims to change the idea of health and fitness for today’s youth. Get ready for self-expression, empowerment, self-love, and FUN, all while becoming a rock star.

**Instructor:** L. Shorman

**Location:** Cypress Community Center, East Parking Lot

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**POUND Fit – Cardio Drumming**

13yrs-Adult (4 weeks)

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using special, lightweight drumsticks engineered specifically for exercising. POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up, and rocking’ out. This workout is easily modifiable, and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

**Instructor:** L. Shorman

**Location:** Cypress Community Center, East Parking Lot

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**CAMP CYPRUS**

Monday-Friday, 9:00am-4:00pm at the Cypress Community Center

Starting the Week of June 14!

Children Must be entering 1st-7th grade

Fee: $138 per week/child

Extended Care Option: $33 per week/child

**ANNUAL Friends of Cypress Cultural Arts (FOCCA) SCHOLARSHIPS**

Scholarships for high school students from the Cypress Community ranging from $100-$500 are available in Dance, Piano, Instrumental, Vocal, Photography, and 2-Dimensional Art. Sponsors are also needed.

Please visit cypressrec.org for the criteria and application. Applications are now available; deadline is March 19.
SPECIAL NEEDS MARTIAL ARTS
4yrs-Adult (4 weeks)
This training is a blend of Kung Fu and Brazilian Jiu Jitsu. Benefitting both the body and the mind, students will develop increased strength, balance, and coordination while learning focus and discipline. Classes are structured, but not rigid, and will promote self-confidence and a sense of accomplishment.
Instructor: K. Davidson
Location: Buena Park Community Center, 6688 Beach Blvd, Buena Park (Behind City Hall)

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AIKIDO
14yrs-Adult (7 weeks)
Training will be no-contact Aikido exercises, falling safely, forms, and weapons training. Class content will reinforce skills that will later be useful for contact Aikido when permitted. Weapons will be provided. Wear loose fitting modest sports clothing (no shorts) or a training uniform. Social distancing, masks, sanitizing, and other current precautions will be required. Safety will be our priority.
Instructor: Oanh Rosenthal
Location: Ehlers Event Center, 8150 Knott Ave, Buena Park

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JAPANESE SWORDSMANSHIP - IAIIDO
14yrs-Adult (7 weeks)
Training is in both contemporary and traditional Japanese iaido sword forms. Iaido is noncontact. Students use iaito (unsharpened sword - must be approved by instructor) or bokken (wooden sword). Swords are provided for beginners. Wear loose fitting sports clothing (no shorts) or a training uniform. Zazen (sitting meditation) is optional 9:00-9:30am on Saturdays. Social distancing, masks, sanitizing, etc. will be required.
Instructor: Oanh Rosenthal
Location: Ehlers Event Center, 8150 Knott Ave, Buena Park

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pee wee tiger karate
3-5yrs (5 weeks)
Our Pee Wees will learn behavioral skills, including how to focus and pay attention in a classroom, line up, raise hands to speak, self-control, and basic motor skills (punching, kicking, balance, and more). This class emphasizes learning while having FUN and is excellent preparation for pre-school and kindergarten! Advanced students from other classes often assist the class, to serve as role models for the Pee Wees and to develop their own leadership skills. Parents may stay in class for the first and last classes only. Material fee: $10 due to instructor first day of class.
Instructor: A. Sbini & K. Wegener
Location: Cypress Community Center

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Oh no! Was your class cancelled?
Classes require minimum enrollment or they will be cancelled. Some classes require registration up to five business days in advance. Classes cancelled due to COVID-19 guidelines or low enrollment will be fully refunded.
KARATE
5yrs-Adult (5 weeks)
Traditional Japanese Karate Classes Shito Ryu & Shotokan are taught by Alex Sbini under supervision of sensei Kathi Wegener who has taught for the city of Cypress for the past 45 years. Karate develops good character, discipline, respect, workout & pride.
Material fee: $10.00 due to instructor on first day for all new students log book. Uniforms are optional and can be purchased first day of class from instructors.
Instructor: A. Sbini & K. Wegener
Location: Cypress Community Center

Session I: Mar 17-Apr 14
COURSE LEVEL DAY AGE TIME FEE
6938 Beg & Int W 5-12yrs 4:30-5:30pm $52
6941 Advanced W 13yrs-Adult 6:00-7:15pm $52

Session II: Apr 21-May 19
COURSE LEVEL DAY AGE TIME FEE
6939 Beg & Int W 5-12yrs 4:30-5:30pm $52
6940 Advanced W 13yrs-Adult 6:00-7:15pm $52

PEE WEE BASEBALL
3-7yrs (6 weeks)
Calling on all participants to lace up their shoes, grab a glove, and head out to the baseball diamond. Recreation staff will encourage “fun”damentals to all players and parents in this class. Baseball is a game of repetition and this is a great opportunity for young ball players to focus on their fundamentals. Six weeks of age-appropriate activities and fun games will teach the ball players to field, hit, run the bases, and the positions. Parent involvement is encouraged.
Instructor: Cypress Recreation Staff
Location: Evergreen Park, 9300 Moody St

COURSE DATES DAY TIME FEE
6942 Apr 13-May 18 T 4:00-4:50pm $51

PEE WEE SOCCER
3-7yrs (6 weeks)
Dribble, pass, shoot, and GOAL!! Keep calm and play some SOCCER! Calling on all the young soccer players to come and learn the fundamentals of soccer with our Recreation staff. Players will participate in age appropriate activities and fun games. Parent involvement is encouraged.
Instructor: Cypress Recreation Staff
Location: Oak Knoll Park/Community Center, 5700 Orange Ave

COURSE DATES DAY TIME FEE
6943 Apr 14-May 19 W 5:30-6:20pm $51

PEE WEE ALL SORTS OF SPORTS
3-7yrs (6 weeks)
Haven’t found your niche? Now’s the time! Come join our awesome Recreation staff in a camp-like setting while playing a variety of sports throughout the course. Participants will be exposed to a different sport each class; among the sports will be baseball, kickball, track, and much more! All sports will increase your athletes’ participation and sportsmanship level while having fun and learning what sports they enjoy the most. Parent involvement is encouraged.
Instructor: Cypress Recreation Staff
Location: Evergreen Park, 9300 Moody St

COURSE DATES DAY TIME FEE
6944 Apr 15-May 20 TH 4:00-4:50pm $51

SOCCER 2 – SKILLZ & SCRIMMAGES
7-10yrs (6 weeks)
A great introduction to competitive soccer. Soccer 2 teaches advanced skill building such as dribbling, passing, and shooting in a team format, as well as an introduction to goal tending. Kids learn concepts necessary to play together as a team. From defense and midfield to forward and goalie, kids get exposure to every position and have a blast doing it. Appropriate for players of varying skill levels.
Instructor: Kidz Love Soccer Staff
Location: Oak Knoll Park, 9600 Graham St

COURSE DATES DAY TIME FEE
6756 Apr 10-May 15 SA 2:45-3:30pm $125
SOCCER 1 – TECHNIQUES & TEAMWORK
5-6yrs (6 weeks)
Learn dribbling, passing, defense, and shooting goals! Fun skill games are played at every session, and ever participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.
Instructor: Kidz Love Soccer Staff
Location: Oak Knoll Park, 9600 Graham St

SKYHAWKS MULTISPORT
6-8yrs (6 weeks)
This soccer, baseball, basketball program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.
Instructor: Skyhawk Sports Academy Staff
Location: Evergreen Park, 9300 Moody St

COURSE DATES   DAY TIME   FEE
6760    Apr 10-May 15   SA   2:45-3:45pm   $109

SKYHAWKS MULTISPORTTOTS
2-5yrs (6 weeks)
Introduce your little superstar to sports in our most popular program! This baseball, basketball and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation required for 2-3½ yrs.
Instructor: Skyhawk Sports Academy Staff
Location: Evergreen Park, 9300 Moody St

COURSE DATES   DAY AGE   TIME   FEE
6761    Apr 10-May 22   SA   2-3½   1:00-1:40pm   $99
6762    Apr 10-May 22   SA   3½-5   1:50-2:30pm   $99

SKYHAWKS SOCCERTOTS
2-5yrs (5 weeks)
SoccerTots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun! Parent participation required for ages 2-3½ years.
Instructor: Skyhawk Sports Academy Staff
Location: Evergreen Park, 9300 Moody St

COURSE DATES   DAY AGE   TIME   FEE
6763    Mar 17-Apr 14   W   2-3½   4:00-4:40pm   $89
6764    Mar 17-Apr 14   W   3½-5   4:50-5:30pm   $89
6765    Apr 28-May 26   W   2-3½   4:00-4:40pm   $89
6766    Apr 28-May 26   W   3½-5   4:50-5:30pm   $89
TENNIS
Established 1981 by Nancy Jennings
Enjoy the game of a lifetime! Tennis classes will consist of:
• Learning skills of the game
• Improving fitness & great exercise
• 5:1 ratio player to instructor
• Rotate to four different courts to do different drills & games
• Tournaments each session/trophy given to each court winner

BEGINNING & INTERMEDIATE TENNIS
5-16yrs (6 weeks)
Instructor: B. Sorvillo & Staff
Location: Cypress Civic Center, 5275 Orange Ave
Session I: Mar 29-May 7
COURSE DAY TIME FEE
6767 M 5:00-6:00pm $70
6770 W 5:00-6:00pm $70
6772 F 5:00-6:00pm $70
Session II: May 10-Jun 18
*No class May 31, make-up class will be Jun 1
COURSE DAY TIME FEE
6773* M 5:00-6:00pm $70
6776 W 5:00-6:00pm $70
6778 F 5:00-6:00pm $70

ADVANCED TENNIS
8-16yrs (6 weeks)
Instructor: B. Sorvillo & Staff
Location: Cypress Civic Center, 5275 Orange Ave
Session I: Mar 29-May 7
COURSE DAY TIME FEE
6779 M 6:00-7:00pm $70
6782 W 6:00-7:00pm $70
6784 F 6:00-7:00pm $70
Session II: May 10-Jun 18
COURSE DAY TIME FEE
6785 M 6:00-7:00pm $70
6788 W 6:00-7:00pm $70
6790 F 6:00-7:00pm $70

PRIVATE TENNIS LESSONS
Private tennis lessons are being offered by B. Sorvillo. Contact instructor to schedule after registering.
Location: Cypress Civic Center, 5275 Orange Ave
Session I: Mar 29-May 7
COURSE LEVEL AGE TIME FEE
6803 All Any 30 min $30
6804 All Any 60 min $60
Session II: May 10-Jun 18
COURSE LEVEL AGE TIME FEE
6805 All Any 30 min $30
6806 All Any 60 min $60
All Sorts of Sports Spring Camp

Have some fun and learn about a variety of different sports:

- Basketball
- Volleyball
- Soccer
- Kickball

Ages 7 – 14
March 22 – 26
9:00am – Noon
Price: $88

*State and County health and safety guidelines will be followed. For a listing of safety guidelines please visit cypressca.org.

YOUTH VOLLEYBALL & BASKETBALL CLINICS

Basketball Clinic
Saturdays, March 6 – 27

Volleyball Clinic
Tuesdays & Saturdays, April 6 – 27

Ages 7 – 14
Price: $50

*State and County health and safety guidelines will be followed. For a listing of safety guidelines please visit cypressca.org.
Virtual Youth Art Showcase
For students preschool-12th grade who live or attend a school in Cypress
Theme: “Celebrate What You Love”
Artwork will be accepted February 8 – March 5 and will be on display on the City website March 15 – April 16

How to send us your art:
1. Create an original piece of art whether it be drawing, painting, photography or other medium.
2. Take a photo of the artwork or scan it to a digital file.
3. Provide the title of your artwork, your name, and grade in an email along with the digital image file.
4. Send all the above to this email address: cypressvirtualartshow@cypressca.org

Contact the Cypress Senior Center at (714) 229-2005 for questions

Drive Through Egg Hunt
Saturday, April 3rd
9:00am-Noon
Community Center Parking Lot
5700 Orange Ave

Reservations Required
*1 registration per car
Resident Registration
March 15th at 8:00am
Non-Resident Registration
March 18th at 8:00am
INTRO TO CARTOON DRAWING
ONLINE
8yrs-Adult (4 weeks)
Learn the secrets of cartoon drawing and create your very own cartoon story in this unique art class. Students will learn to draw cartoon characters and other elements to create their own story ideas and turn them into actual cartoons.
Instructor: Creative Brain Learning Staff
Location: Online
COURSE DATES      DAY       TIME        FEE
6707     Mar 4-25       TH    3:00-4:00pm     $61
6708     Apr 8-29       TH    3:00-4:00pm     $61
6709     May 6-27       TH    3:00-4:00pm     $61

INTRO TO ANIME DRAWING
ONLINE
8yrs-Adult (4 weeks)
Anime art is a specialized field similar to cartoon drawing. Students will learn the essence of anime art and will recreate their favorite anime characters and design new ones.
Instructor: Creative Brain Learning Staff
Location: Online
COURSE DATES      DAY       TIME        FEE
6710     Mar 4-25       TH    4:00-5:00pm     $61
6711     Apr 8-29       TH    4:00-5:00pm     $61
6712     May 6-27       TH    4:00-5:00pm     $61

ADULT EDUCATION

INTRODUCTION TO TYPING, WORD, & POWERPOINT
8yrs-Adult (7 weeks)
Develop your basic typing skills and prepare for many years of future usage. This course will introduce you to Microsoft Word for writing reports, homework, or basic communication. Hands-on exercises are provided with the opportunity to make a flyer and turn it into an awesome slide show presentation by using PowerPoint. Come sharpen your skills to the next level of learning and get a head start in school or at work.
Instructor: AGI Academy Staff
Location: Buena Park Community Center 6688 Beach Blvd, Buena Park (Behind City Hall)
COURSE DATES      DAY       TIME        FEE
6715     Mar 4-Apr 15   TH    4:45-5:30pm     $102
6716     Apr 22-Jun 3   TH    4:45-5:30pm     $102

MICROSOFT OFFICE COMPUTING
16yrs-Adult (6 weeks)
Do you want to sharpen your computer skills for writing reports, homework, or basic communication? This class will provide you useful tools and benefits you to get ahead in school. Students will receive hands-on practice in Microsoft Word and PowerPoint to make a publication and turn it into an awesome slide show presentation. This class is for both beginners and experienced users who want to advance their level. Please call (626) 379-1112 for all questions.
Instructor: AGI Academy Staff
Location: Online
COURSE DATES      DAY       TIME        FEE
6724     Apr 15-May 20  TH    7:30-8:10pm     $92

Registration Information:
Registration begins February 8!
Register online at cypressrec.org

FOLLOW US ON SOCIAL MEDIA

Download Our
CYPRESS CENTRAL APP
ADULT HULA RECREATIONAL
16yrs-Adult (11 weeks)
Aloha kakou (greetings all). Adult Hula focuses on basic footwork & hand motions, timing, integrating Hawaiian language & applying basics to Hula. This class will help you develop as a dancer, have a deeper understanding of Hula, and have opportunities to learn lei making, implements, and costumes for shows (optional). Students should wear comfortable clothing. All skill levels are welcome. Material fee: $2 due to instructor first day of class.

Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES   DAY TIME   FEE
6809   Mar 18-May 27 TH  7:00-7:45pm  $107

SAMPAGUITA INTERMEDIATE
ADULT HULA
16yrs-Adult (11 weeks)
We strive to create a respectful, fun environment for adults to enjoy “their time” to learn hula, traditions, culture, and protocol. Our goal in all adult classes is to create and maintain a solid foundation in hula basics. All classes are progressive. We are focused towards the students’ evolution by sharing more complex choreography, including implement hulas, chanting, Hawaiian language, making costumes, and adornment. Performing is required. *No class May 19.

Instructor: H. Miles
Location: Cypress Community Center

COURSE DATES   DAY TIME   FEE
6813*   Mar 17-May 26 W  7:00-8:00pm  $107

LINE DANCE
18yrs-Adult (7 weeks)
This class is sure to bring out the country western in you. Instructor Janet Karter will teach you a variety of line dances, and you’ll meet new people.

Instructor: J. Karter
Location: Cypress Community Center

COURSE DATES   DAY TIME   FEE
6879   Apr 12-May 24 M  5:30-6:30pm  $49

2 STEP/SWING
18yrs-Adult (7 weeks)
Get your feet movin’. Learn East Coast Swing moves as well as 2-step patterns from instructor Janet Karter. Partner is required.

Instructor: J. Karter
Location: Cypress Community Center

COURSE DATES   DAY TIME   FEE
6880   Apr 12-May 24 M  6:40-7:40pm  $49

STRICTLY BALLROOM
18yrs-Adult (7 weeks)
Learn to dance for all occasions in this exciting dance class. Instructor Janet Karter will instruct students in two dances of their choice: Cha-Cha, Waltz, Swing, Tango, Salsa, or Foxtrot. Partner is required.

Instructor: J. Karter
Location: Cypress Community Center

COURSE DATES   DAY TIME   FEE
6881   Apr 12-May 24 M  7:50-8:50pm  $49

34
Serving the City of Cypress for over 30 years, the GC Dance Program under the direction of Miss Ginger and Miss Charlotte offers professional instruction in tap, ballet, and hip hop for ages 3 to adult (see Adult Section for more information). Dance helps develop poise, coordination, self-confidence, and self-control. Students are instructed in technique and learn dances to showcase those learned skills. This structured learning process helps students develop into skilled dancers.

Location: Cypress Community Center

**INT TAP II**
18yrs-Adult (8 weeks)
Instructor: Miss Ginger

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**BEG/INT BALLET**
18yrs-Adult (8 weeks)
Instructor: Miss Charlotte

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REGISTER ONLINE AT CYPRESSREC.ORG

DO YOUR PART TO REDUCE THE SPREAD OF COVID-19

- **Wearing Is Caring**
  Masks are required in all City facilities

- **Six Feet Please**
  Keep your distance to reduce the spread

- **Don’t Pass It On**
  Wash or sanitize your hands frequently

SMALL ACTIONS MAKE A BIG DIFFERENCE
POUND FIT – CARDIO DRUMMING
13yrs-Adult (4 weeks)
Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using special, light-weighted drumsticks engineered specifically for exercising. POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up, and rocking’ out. This workout is easily modifiable, and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.
Instructor: L. Shorman
Location: Cypress Community Center, East Parking Lot

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<tr>
<td>6749</td>
<td>Apr 27-May 18</td>
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STROLLER WORKOUT
18yrs-Adult (5-6 weeks)
HB Pilates mat exercises are low impact with high results. HB Pilates’ highly certified instructors will help improve your posture, strength, flexibility, balance, coordination, and total mind-body awareness. Focusing on core strength, we promise to condition your entire body in every class! All ages/abilities welcome. Bring mat, towel, water, and anti-slip socks.
Instructor: HB Pilates Staff
Location: Los Alamitos Community Center, 10911 Oak St, Los Alamitos

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PILATES MAT
16yrs-Adult (5-6 weeks)
HB Pilates mat exercises are low impact with high results. HB Pilates’ highly certified instructors will help improve your posture, strength, flexibility, balance, coordination, and total mind-body awareness. Focusing on core strength, we promise to condition your entire body in every class! All ages/abilities welcome. Bring mat, towel, water, and anti-slip socks.
Instructor: HB Pilates Staff
Location: Online

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Location: Monday - Los Alamitos Community Center, 10911 Oak St, Los Alamitos
Thursday - Cypress Community Center

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PILATES BARRE WITH CARDIO
16yrs-Adult (5-6 weeks)
HB Pilates mat exercises are low impact with high results. HB Pilates’ highly certified instructors will help improve your posture, strength, flexibility, balance, coordination, and total mind-body awareness. Focusing on core strength, we promise to condition your entire body in every class! All ages/abilities welcome. Bring mat, towel, water, and anti-slip socks.
Instructor: HB Pilates Staff
Location: Los Alamitos Community Center, 10911 Oak St, Los Alamitos

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<td>6821</td>
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HB PILATES & FITNESS ONLINE
16yrs-Adult (4-5 weeks)
Choose between 40 virtual classes a week, including but not limited to: Pilates Mat, Pilates Barre with Cardio, Full Body Workout, Gentle Pilates Mat, Gentle Yoga, Restorative Yoga, PiYo, Pilates Chair, Pilates Chair Plus, Guided Meditation, Stretch & Mobility, Foam Rolling, Nutrition Basics, in addition to specialty workshops. All members of our program have unlimited access to both LIVE and On-Demand recording of our class offerings. Members must have a Facebook account to access On-Demand classes. Live classes on Zoom and Facebook. Come check it out! hbpilatesonline@gmail.com.
Instructor: HB Pilates Staff
Location: Online

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HATHA YOGA
16yrs-Adult (5 weeks)
Reduce stress through Yoga. Exercises designed for this class will provide a deep tension release and noticeable rise in energy level with gentle stretches, proper breathing, and relaxation/meditation. Yoga sticky mat and a blanket are needed. Wear comfortable clothing.
Instructor: H. Kuyper
Location: Cypress Community Center

Session I: Mar 15-Apr 14
COURSE   | DAY  | TIME            | FEE |
---------|------|-----------------|-----|
6825     | M    | 6:00-7:15pm     | $62 |
6826     | T    | 10:00-11:15am   | $62 |
6827     | W    | 6:00-7:15pm     | $62 |

Session II: Apr 26-May 26
COURSE   | DAY  | TIME            | FEE |
---------|------|-----------------|-----|
6828     | M    | 6:00-7:15pm     | $62 |
6829     | T    | 10:00-11:15am   | $62 |
6830     | W    | 6:00-7:15pm     | $62 |

VIRTUAL ZUMBA
13yrs-Adult (5-6 weeks)
Don’t miss out on Zumba classes. Now you can Zumba from the comfort of your own home and see your fellow participants and chat for a bit after class. Make sure you have enough space to move around, get a bottle of water, a towel, and ready to sweat! Class will start promptly at the scheduled times, but please log on Zoom 10-15 minutes early to resolve any technical issues.
Instructor: L. Morris
Location: Online

COURSE   | COURSE DATES | DAY  | TIME            | FEE |
---------|--------------|------|-----------------|-----|
6831     | Mar 16-Apr 20 | T    | 6:30-7:30pm     | $20 |
6832     | Mar 18-Apr 22 | TH   | 6:30-7:30pm     | $20 |
6833     | Mar 20-Apr 24 | SA   | 9:00-10:00am    | $20 |
6834     | Apr 27-May 25 | T    | 6:30-7:30pm     | $17 |
6835     | Apr 29-May 27 | TH   | 6:30-7:30pm     | $17 |
6836     | May 1-May 29  | SA   | 9:00-10:00am    | $17 |
ADULT MUSIC

GROUP KEYBOARD
8yrs-Adult (4 weeks)
Learn to play piano/keyboard in these fun-filled classes. Begin with no previous knowledge of music. Students must have their own keyboard or piano.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>6706</td>
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<td>3:00-4:00pm</td>
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GROUP GUITAR
8yrs-Adult (4 weeks)
Learn how to play one of the world’s most popular instruments in just a few sessions. No previous music experience is necessary. Students must have their own guitars.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>4:00-5:00pm</td>
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GROUP UKULELE
8yrs-Adult (4 weeks)
Come and learn to play the ukulele in this fun group class, ages 8 and up. Students must have their own ukulele.
Instructor: Creative Brain Learning Staff
Location: Online

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<td>6728</td>
<td>W</td>
<td>5:00-6:00pm</td>
<td>$61</td>
</tr>
<tr>
<td>6729</td>
<td>W</td>
<td>5:00-6:00pm</td>
<td>$61</td>
</tr>
<tr>
<td>6730</td>
<td>W</td>
<td>5:00-6:00pm</td>
<td>$61</td>
</tr>
</tbody>
</table>

PRIVATE PIANO LESSONS VIA ZOOM
6yrs-Adult (4 classes)
You will receive four 30 minute lessons. Once you register you can contact Miss Ronda at thefoundation123@gmail.com to schedule your lessons. You will receive a link to purchase your piano book and the Zoom link for your lessons. You must have a piano or keyboard at home to learn and practice on.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

<table>
<thead>
<tr>
<th>COURSE FEE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>$102</td>
<td></td>
</tr>
</tbody>
</table>

PRIVATE GUITAR LESSONS VIA ZOOM
10yrs-Adult (4 classes)
You will receive four 30 minute lessons. Once you register you can contact Miss Ronda at thefoundation123@gmail.com to schedule your lessons. You will receive a link to purchase your guitar book and the Zoom link for your lessons. You must have a guitar at home to learn and practice on.
Instructor: Foundation for the Performing Arts, Inc.
Location: Online

<table>
<thead>
<tr>
<th>COURSE FEE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>$102</td>
<td></td>
</tr>
</tbody>
</table>

See a class you’re interested in? Sign up now! Classes may be cancelled for low enrollment.
Registration begins February 8! Register online at cypressrec.org

Want to be more involved in the community?
APPLY for a City commission at www.cypressca.org/CommissionRecruitment
UNDERSTANDING & ENJOYING WINE  
21yrs-Adult (5 weeks)
Would you like to have the knowledge to be able to buy good quality wine at a bargain price? Do you find yourself buying the same wines over and over because you are afraid to try something new and different? Does the whole subject of wine seem complicated and confusing? Learn about the major wine producing regions of the world, the grapes that they grow, and the different varietals and styles of wine. Get an introduction to the growing of grapes and the wine making process. Learn how to make sense of a wine label and get confidence to purchase wine. Though we will discuss wines at all price levels, you will learn it isn’t necessary to spend a small fortune in order to assure that you have purchased a good quality, tasty wine. 
Instructor: T. Severin
Location: Cypress Community Center

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATE</th>
<th>DAY</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6841</td>
<td>Apr 27-May 25</td>
<td>T</td>
<td>7:00-8:00pm</td>
<td>$25</td>
</tr>
</tbody>
</table>

HORSE FUN FOR ADULTS  
13yrs-Adult (4 weeks)
Relive childhood dreams! Learn how to halter, groom, and ride a horse while meeting new friends. Participants must wear riding boots, long jean pants, and a riding helmet. Material fee: $30 due to instructor first day of class. 
Instructor: C. Skidmore
Location: El Rodeo Stables, 4449 Carbon Canyon Rd, Brea

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATE</th>
<th>DAY</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6950</td>
<td>Mar 20-Apr 10</td>
<td>SA</td>
<td>3:00-4:00pm</td>
<td>$87</td>
</tr>
<tr>
<td>6951</td>
<td>Apr 17-May 8</td>
<td>SA</td>
<td>3:00-4:00pm</td>
<td>$87</td>
</tr>
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</table>

Cypress ROCKS!  
Ages 5-12yrs (1 day)  
11:00am-12:00pm
This outdoor rock painting class is taught by Cypress Recreation Staff. Our new program will be offered once a week with a new theme each week. Join in on the fun! Spots are limited, register early. All materials are provided.
Location: Arnold Cypress Park Pavilion, 8611 Watson St

<table>
<thead>
<tr>
<th>COURSE</th>
<th>DATE</th>
<th>DAY</th>
<th>THEME</th>
<th>FEE</th>
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<tbody>
<tr>
<td>6954</td>
<td>April 10</td>
<td>SA</td>
<td>Flower</td>
<td>$10</td>
</tr>
<tr>
<td>6955</td>
<td>April 17</td>
<td>SA</td>
<td>Lady Bug</td>
<td>$10</td>
</tr>
<tr>
<td>6956</td>
<td>April 24</td>
<td>SA</td>
<td>Fruit</td>
<td>$10</td>
</tr>
<tr>
<td>6957</td>
<td>May 1</td>
<td>SA</td>
<td>Butterfly</td>
<td>$10</td>
</tr>
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</table>
ADULT TENNIS
16yrs-Adult (6 weeks)
Instructor: B. Sorvillo & Staff
Location: Cypress Civic Center, 5275 Orange Ave

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6791</td>
<td>Mar 29-May 7</td>
<td>M 7:00-8:00pm</td>
<td>$70</td>
</tr>
<tr>
<td>6794</td>
<td></td>
<td>W 7:00-8:00pm</td>
<td>$70</td>
</tr>
<tr>
<td>6796</td>
<td></td>
<td>F 7:00-8:00pm</td>
<td>$70</td>
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</table>

Session II: May 10-June 18

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6797</td>
<td></td>
<td>M 7:00-8:00pm</td>
<td>$70</td>
</tr>
<tr>
<td>6800</td>
<td></td>
<td>W 7:00-8:00pm</td>
<td>$70</td>
</tr>
<tr>
<td>6802</td>
<td></td>
<td>F 7:00-8:00pm</td>
<td>$70</td>
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</tbody>
</table>

PRIVATE TENNIS LESSONS
Private tennis lessons are being offered by B. Sorvillo. Contact instructor to schedule after registering.

Location: Cypress Civic Center, 5275 Orange Ave

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>6803</td>
<td>Mar 29-May 7</td>
<td>All 30 min</td>
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</tr>
<tr>
<td>6804</td>
<td></td>
<td>All 60 min</td>
<td>$60</td>
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</table>

Session II: May 10-June 18

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>6805</td>
<td></td>
<td>All 30 min</td>
<td>$30</td>
</tr>
<tr>
<td>6806</td>
<td></td>
<td>All 60 min</td>
<td>$60</td>
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BEGINNING PICKLEBALL
18yrs-Adult (4 classes)

Learn to play the fastest growing sport in America. Pickleball is a cross between tennis, badminton, and ping pong. You will learn the art of the serve, return, volley, scoring, and how to play a game. Please wear “court shoes”, bring a hat/visor, towel, and water. Paddles and balls will be provided. If you haven't played pickleball before, this class is for you! *No class April 4.

Instructor: G. Rogers
Location: Arnold Cypress Park, 8611 Watson St

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6844*</td>
<td>Mar 14-Apr 11</td>
<td>SU</td>
<td>2:30-1:30pm</td>
<td>$106</td>
</tr>
<tr>
<td>6845</td>
<td>Apr 25-May 16</td>
<td>SU</td>
<td>12:30-1:30pm</td>
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INTERMEDIATE/ADVANCED PICKLEBALL
18yrs-Adult (4 classes)

Develops skills and strategies to play games in open recreation play and round robins. Please wear “court shoes”, bring a hat/visor, towel, and water. Paddles and balls will be provided. *No class April 4.

Instructor: G. Rogers
Location: Arnold Cypress Park, 8611 Watson St

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>6847*</td>
<td>Mar 14-Apr 11</td>
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<td>1:30-2:30pm</td>
<td>$106</td>
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<tr>
<td>6848</td>
<td>Apr 25-May 16</td>
<td>SU</td>
<td>1:30-2:30pm</td>
<td>$106</td>
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SPECIAL NEEDS MARTIAL ARTS
4yrs-Adult (4 weeks)

This training is a blend of Kung Fu and Brazilian Jiu Jitsu. Benefitting both the body and the mind, students will develop increased strength, balance, and coordination while learning focus and discipline. Classes are structured, but not rigid, and will promote self-confidence and a sense of accomplishment.

Instructor: K. Davidson
Location: Buena Park Community Center, 6688 Beach Blvd., Buena Park (Behind City Hall)

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6750</td>
<td>Apr 7-28</td>
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<td>4:30-5:30pm</td>
<td>$85</td>
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<tr>
<td>6751</td>
<td>Apr 10-May 1</td>
<td>SA</td>
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<td>$85</td>
</tr>
<tr>
<td>6752</td>
<td>May 5-26</td>
<td>W</td>
<td>4:30-5:30pm</td>
<td>$85</td>
</tr>
<tr>
<td>6753</td>
<td>May 8-29</td>
<td>SA</td>
<td>9:00-10:00am</td>
<td>$85</td>
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<tr>
<td>6754</td>
<td>June 2-23</td>
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<td>4:30-5:30pm</td>
<td>$85</td>
</tr>
<tr>
<td>6755</td>
<td>June 5-26</td>
<td>SA</td>
<td>9:00-10:00am</td>
<td>$85</td>
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</table>
ADULT SPORTS

AIKIDO
14yrs-Adult (7 weeks)
Training will be no-contact Aikido exercises, falling safely, forms, and weapons training. Class content will reinforce skills that will later be useful for contact Aikido when permitted. Weapons will be provided. Wear loose fitting modest sports clothing (no shorts) or a training uniform.
Instructor: Oanh Rosenthal
Location: Ehlers Event Center, 8150 Knott Ave, Buena Park

<table>
<thead>
<tr>
<th>COURSE DATES</th>
<th>DAY</th>
<th>TIME</th>
<th>FEE</th>
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<tbody>
<tr>
<td>6702</td>
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</tr>
<tr>
<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>9:30-10:30am</td>
<td></td>
</tr>
</tbody>
</table>

JAPANESE SWORDSMANSHIP - IAIDO
14yrs-Adult (7 weeks)
Training is in both contemporary and traditional Japanese iaido sword forms. Iaido is noncontact. Students use iaito (unsharpened sword - must be approved by instructor) or bokken (wooden sword). Swords are provided for beginners. Wear loose fitting sports clothing (no shorts) or a training uniform. Zazen (sitting meditation) is optional 9:00-9:30am on Saturdays.
Instructor: Oanh Rosenthal
Location: Ehlers Event Center, 8150 Knott Ave, Buena Park

<table>
<thead>
<tr>
<th>COURSE DATES</th>
<th>DAY</th>
<th>TIME</th>
<th>FEE</th>
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</thead>
<tbody>
<tr>
<td>6703</td>
<td>W</td>
<td>7:30-8:30pm</td>
<td>$60</td>
</tr>
<tr>
<td></td>
<td>SA</td>
<td>8:00-9:30am</td>
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</tr>
</tbody>
</table>

LOOKING FOR A FANTASTIC SUMMER JOB?
The City of Cypress Recreation and Community Services is looking for motivated, enthusiastic, dedicated, friendly staff to work from May-August for the 2021 Summer Season.

We are hiring in the following areas:
- Youth Sports
- Day Camp
- Parks Program
- Facility Operations

Applications available at cypressca.org/jobs on February 8.

Returning this Summer!
SUMMER PARKS
Starting the Week of June 14!
Tuesdays – Thursdays, 1:00 – 4:00pm at various parks throughout the City.
5-12 year olds
Fee: $34 per week/child
THE SENIOR CENTER IS HERE FOR YOU!
Whether you need assistance with transportation, questions about our nutrition programs, or just need someone to talk to, the Senior Center staff are here to for you! Staff are on site to take your call Monday – Friday, 8:00am-1:00pm. We look forward to being with our Senior Center family soon!

NUTRITION PROGRAMS

Meal Distribution
As an alternative to the suspended congregate lunch program, the Senior Center provides frozen meals that participants can pick up and take home. Curbside pick-ups take place Monday through Friday, between 11:00am and 12:00pm at the north end of the building on a first-come, first-served basis.

Commodities
Second Wednesday of each month from 9:00am - 10:30am or until gone, the Senior Center distributes monthly commodities curbside at the north end of the building. These shelf-stable items provided by Second Harvest Food Bank are packed in bags by Recreation staff, following the suggested health and safety guidelines.

Home Delivered Meals
For those already on the program, Home Delivered Meals will continue to be delivered on a normal schedule. Please visit www.mealsonwheelsoc.org to apply for the program.

For additional information about the nutrition programs, please call the Cypress Senior Center at (714) 229-2005 during business hours.
TRANSPORTATION

Taxi Voucher Program
This program is a curb-to-curb taxi service provided exclusively to qualifying Cypress seniors. This service is wheelchair accessible. Each qualified participant may receive up to six vouchers per month. Each voucher has a maximum value of $11.00. Service provided 7 days a week between the hours of 7:00am and 7:00pm. Individuals must first register in person for this service at the Cypress Senior Center. Call during business hours to schedule an in-person appointment (following all social distancing guidelines).

• Participants must be Cypress residents age 60 and older
• Must show photo I.D.
• Must not exceed the maximum income requirement.

For additional information or to schedule an appointment, please call the Cypress Senior Center at (714) 229-2005 during business hours.

OTHER SERVICES

Health Insurance Counseling & Advocacy Program (HICAP)
Do you have questions about MediCal or Medicare insurance? Health Insurance Counseling and Advocacy Program (HICAP) is here to help for FREE. Their counselors provide unbiased Medicare guidance. HICAP does not sell or recommend Medicare insurance plans. Hotline (800) 434-0222 Orange County (714) 560-0424.

Community Legal Aid So Cal
The legal advocacy program (Legal Aid) provides seniors 60 years or older, residing in Orange and Los Angeles Counties, with free counseling, referrals, and representation in administrative and civil cases. Please call the Legal Aid hotline (800) 834-5001 for more information.

Please be advised that the City of Cypress and the Cypress Senior Center do not recommend, endorse, or guarantee products or professional services suggested at the Center. Please contact the Cypress Senior Center at (714) 229-2005 for additional information on these and other services.

COVID VACCINATION INFORMATION
Disneyland Resort has stepped up to host the county’s first Super POD (point-of-dispensing) site. It will serve – by appointment only – people who live or work in Orange County and are eligible based on the state’s priority list.

In anticipation of future needs, the Virtual Emergency Volunteer Center (EVC) is currently pre-registering volunteers interested in assisting government staff with COVID-19 vaccinations at Points of Distribution (POD) sites this year. Medically trained volunteers as well as general support volunteers will be needed.

Register here: http://bit.ly/VaccineVolunteerOpportunities

www.covidvaccinefacts.com
HEALTH & WELLNESS CLASSES

All classes are subject to change without notice. In the event of rain, outdoor classes will be cancelled.

Mandatory safety protocols for outdoor classes
• Temperature and health screening will be conducted.
• Additional protocols may be in place and will be communicated to all prior to entering and posted throughout the facility.
• Wear a mask and stay 6 feet apart from other people.

CYPRESS WALKING CLUB

Walking is one of the easiest ways to stay active and promote good health. Join us outside for some fresh air while practicing safe and social distancing. Let's step towards health! All fitness levels welcome. *Class resumes April 5.
• Meeting location: Cypress Senior Center, 9031 Grindlay Street
• Wear athletic shoes, bring water, and wear a face covering
• Must complete emergency card & liability waiver

BEGINNING PICKLEBALL

Learn to play the fastest growing sport in America. Pickleball is a cross between tennis, badminton, and ping pong. You will learn the art of the serve, return, volley, scoring, and how to play a game. Please wear “court shoes”, bring a hat/visor, towel, and water. Paddles and balls will be provided. *No class April 4.
Instructor: G. Rogers
Location: Arnold Cypress Park, 8611 Watson St

INTERMEDIATE ADVANCED PICKLEBALL

Develop skills and strategies to play games in open recreation play and round robins. Please wear “court shoes”, bring a hat/visor, towel, and water. Paddles and balls will be provided. *No class April 4.
Instructor: G. Rogers
Location: Arnold Cypress Park, 8611 Watson St

TAI CHI

The art of Tai Chi is beneficial to people of all ages, especially older adults. Learn and enhance your knowledge of these slow, harmonious, routine movements designed to promote health and longevity. Beginners to advanced are all welcome.
Instructor: J. Rice
Location: Outside City Hall Council Chambers 5275 Orange Ave

INTERMEDIATE LINE DANCE

This is a fun and energizing class, created to help with memory and movement while learning how to country line dance. Volunteer instructors will guide you through simple steps to many dances.
Instructor: E. Ilagan
Location: Outside City Hall Council Chambers 5275 Orange Ave

See a class you’re interested in? Sign up now! Classes may be cancelled for low enrollment.
ECLECTIC YOGA FOR SENIORS
Designed to meet the physical/mental needs of seniors, this class utilizes basic Yoga poses such as stretching, twisting, and weight-bearing with attention to various organs such as the brain, pancreas, or lymph nodes. Please bring a sticky yoga mat, blanket/towel and eye cover.
Instructor: R. Siu
Location: Outside City Hall Council Chambers
5275 Orange Ave

CLASSES  DAY  TIME  FEE
Ongoing  W  10:00-11:00am  Free

MINDFULNESS & MEDITATION
Meditation and/or relaxation helps balance our hectic lives. Learn these relaxation techniques while gaining a better mind-body connection. No experience needed. Bring a mat and cushion for sitting.
Instructor: J. Rice
Location: Outside City Hall Council Chambers
5275 Orange Ave

CLASSES  DAY  TIME  FEE
Ongoing  TH  9:00-10:00am  Free

BEGINNING TO INTERMEDIATE LINE DANCE
Review basic line dance steps and start to learn some intermediate steps as well. Volunteer instructors will guide you through intricate, yet simple steps to many dances.
Instructor: M. Velasco
Location: Outside City Hall Council Chambers
5275 Orange Ave

CLASSES  DAY  TIME  FEE
Ongoing  F  9:30-11:30am  Free

VIRTUAL ZUMBA GOLD
Don’t miss out on Zumba Gold classes for the older active adult. Now you can Zumba from the comfort of your own home and see your fellow participants and chat for a bit after class. Make sure you have enough space to move around, get a bottle of water, a towel, and get ready to sweat and have fun! Class will start promptly at 10:00am. Please join the class 10 minutes early to resolve any technical issues.
Instructor: L. Morris
Location: Online

COURSE DATES  DAY  TIME  FEE
6837 Mar 15-Apr 19  M  10:00-11:00am  $20
6838 Mar 17-Apr 21  W  10:00-11:00am  $20
6839 Apr 26-May 24  M  10:00-11:00am  $17
6840 Apr 28-May 26  W  10:00-11:00am  $17

REGISTER ONLINE AT CYPRESSREC.ORG
Download Our CYPRESS CENTRAL APP
## COMMUNITY FACILITIES AND RECREATION FACILITIES

### Cypress Facility Spotlight
**Maple Grove South**
6220 Orangewood Avenue

- Amenities:
  - BBQs
  - Picnic Facilities
  - Playground Equipment
  - Drinking Fountains
  - Basketball Full Court/Non-Lighted

### FACILITY AMENITIES

<table>
<thead>
<tr>
<th>FACILITY</th>
<th>ADDRESS</th>
<th>ACRES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Cypress Community Center</td>
<td>5700 Orange Avenue</td>
<td>N/A</td>
</tr>
<tr>
<td>2. Cypress Senior Center</td>
<td>9031 Grindlay Street</td>
<td>N/A</td>
</tr>
<tr>
<td>3. Cypress Civic Center/Tennis Courts</td>
<td>5275 Orange Avenue</td>
<td>N/A</td>
</tr>
<tr>
<td>4. Arnold/Cypress Park</td>
<td>8611 Watson Street</td>
<td>1.50</td>
</tr>
<tr>
<td>5. Baroldi/Sycamore Park</td>
<td>6616 Cerritos Avenue</td>
<td>2.50</td>
</tr>
<tr>
<td>6. Cental Park Community Center</td>
<td>7821 Walker Street</td>
<td>N/A</td>
</tr>
<tr>
<td>7. Cedar Glen Park</td>
<td>10201 Moody Street</td>
<td>2.54</td>
</tr>
<tr>
<td>8. Cypress High School</td>
<td>9801 Valley View Street</td>
<td>N/A</td>
</tr>
<tr>
<td>9. Damron Park</td>
<td>5400 Myra Avenue</td>
<td>N/A</td>
</tr>
<tr>
<td>10. Darrell Essex Park</td>
<td>5131 Ball Road</td>
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<tr>
<td>11. Eucalyptus Park</td>
<td>5900 Orangewood Avenue</td>
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<tr>
<td>12. Evergreen Park</td>
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<tr>
<td>13. Hettinga/Manzanita Park</td>
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<td>4.04</td>
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<tr>
<td>14. Laurel Park</td>
<td>5902 Cathy Avenue</td>
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<td>15. Lexington Jr. High School</td>
<td>4351 Orange Avenue</td>
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<tr>
<td>16. Mackay Park</td>
<td>8732 Walker St</td>
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<td>17. Maple Grove Park North</td>
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<tr>
<td>18. Maple Grove Park South</td>
<td>6220 Orangewood Avenue</td>
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<tr>
<td>19. Nature Park</td>
<td>4201 Ball Road (Reservation Only)</td>
<td>5.75</td>
</tr>
<tr>
<td>20. Oak Knoll Park</td>
<td>9600 Graham Street</td>
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<td>21. Oxford High School</td>
<td>5172 Orange Avenue</td>
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<td>11666 Reelfton Avenue</td>
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<td>23. Pinewood Park</td>
<td>9675 Juanita Street</td>
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<tr>
<td>24. Rosen/Acacia Park</td>
<td>5681 Newman Street</td>
<td>1.00</td>
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<tr>
<td>25. Vessels Park</td>
<td>5900 Cathy Lane</td>
<td>N/A</td>
</tr>
<tr>
<td>26. Veterans Park</td>
<td>4554 Avenida Granada</td>
<td>6.40</td>
</tr>
<tr>
<td>27. Willow Park</td>
<td>4501 Orange Avenue</td>
<td>2.90</td>
</tr>
</tbody>
</table>

### AMENITIES

- Community Room(s)
- Baseball Field
- Softball Field
- On-Site Parking
- Volleyball Court / Non-Lighted
- Volleyball Court / Lighted
- Playground Equipment
- Exercise Course
- Picnic Facilities
- Restrooms
- Nature Facility
- Basketball Half Court / Non-Lighted
- Basketball Full Court / Non-Lighted
- Drinking Fountains
- Tennis Courts
- Skate Park
- BBQs
- Reservable Picnic Site
In exchange for participating in this activity, I hereby agree on behalf of myself and my spouse, parents, children, family, employees, agents, heirs, estate, executors, representatives, administrators, insurers, successors and assigns, distributees, guardians and/or other legal representatives (collectively the “Released Parties”) to fully release and to not make any claim against, file a lawsuit against, attach the property of, or prosecute the City of Cypress (the “City”) and/or the Cypress Recreation and Park District (the “District”) and/or either of their employees, officers, elected and appointed officials, volunteers, boards, departments, agents, contractors and/or anyone else acting on its/their behalf for any and all claims, causes of action, including, but not limited to, emotional distress, bodily injury, death, or property damage arising out of any actions by any City or District employees, officers, elected and appointed officials, volunteers, boards, departments, agents, contractors and/or anyone else acting on the City’s or District’s behalf in connection with my participation in this activity. I understand that this activity involves the risk of serious injury and even death, and I agree to assume any and all risk of serious injury or death in participating in the activity.

I understand this release shall be effective even if the loss, damage or injury was not foreseeable or results, in whole or in part, from the negligence of the City, District and/or any of the above persons.

I understand that this activity involves the risk of serious injury and even death, and I agree to assume any and all risk of serious injury or death in participating in the activity. In case of accident or other emergency, personnel of the City or District and/or their agents, are hereby authorized to secure medical care deemed necessary by them, as a result of that accident or injury, for me at my cost and expense. I further agree to indemnify and defend the City and/or the District and/or both of their employees, officers, elected and appointed officials, volunteers, boards, departments, agents, contractors and/or anyone else acting on its/their behalf and to pay for any and all costs incurred (including, but not limited to, medical treatment, pain and suffering, emotional distress, any settlement paid or judgment, legal costs and/or attorneys’ fees) as a result of any injury that I cause to another participant. I further consent to the use of activity/event photography and/or video taping of me and the display of those pictures of me for promotional use, including on the City’s Internet website and social media sites.

The COVID-19 (Coronavirus) outbreak is an ongoing and developing situation. The City of Cypress and the Cypress Recreation and Park District encourage the community to monitor publicly available information and to always follow federal, state and county public health guidance and government mandates. While participating in these activities, you are required to follow all applicable social distancing orders and guidelines. By potentially being exposed to others who might have COVID-19, you assume the risks of exposure to COVID-19 and assume all potential health risks to yourself and that could cause harm to you and your family. The City and District are following recommended steps by County health officials. The City and District cannot protect you and your family against all possible risks of COVID-19. We encourage you to wash your hands frequently and take all necessary steps to protect your health consistent with federal, state and county public health guidelines.

By signing below, I acknowledge and represent that I HAVE READ THIS AGREEMENT CAREFULLY, I FULLY UNDERSTAND ITS CONTENTS AND I VOLUNTARILY AGREE TO ITS TERMS. No oral representations, statements or inducements, apart from this written agreement, have been made. If any portion of this agreement is declared invalid by a court, the remainder shall continue in full force and effect. Where this agreement is signed by a parent or legal guardian on behalf of a minor, the use of the word “me” in this agreement shall include and bind the minor, and the use of the word “I” in this agreement shall include the parent or legal guardian acting on behalf of and binding the minor to this agreement.

REFUND POLICY: Refunds must be requested in writing before the second-class meeting. If the class is only one day, our office must receive the request 48 hours before the class starts. There is a $15.00 administrative fee for each class refunded other than those generated by District cancelled classes. This also applies to refunds given prior to the start of classes. (This policy does not apply to Kids Corner, Daycamp, Swimming Lessons, Youth Basketball, Adult Sports and Special Events. Please refer to these individual programs for their refund policies). It takes 3-4 weeks to process any refund requests.

By signing below I agree with the above stated waiver, release and indemnity against my credit card account for the TOTAL FEES amount stated above for the payment of programs, classes, and activities.

Signature ___________________________ Date ________________

CASH  CHECK # _______

AMERICAN EXPRESS

DISCOVER

VISA

MASTERCARD

MAKE CHECK(S) PAYABLE TO:

CITY OF CYPRESS

FOR OFFICE USE ONLY

__________________________________

YES, I would like to receive text messages regarding Cypress Recreation and Community Services activities, programs, and classes.

Standard text message rates will apply. Please state your cell phone carrier: ________________________________

Is this a change of Address or Phone?

☐ Yes ☐ No

TOTAL FEES = $ __________