

## **SYNTHETIC TURF RULES AND REGULATIONS**

To protect the field surface and maximize the lifespan of synthetic turf fields, the City of Cypress asks that every team official, coach, player, spectator, and parent be aware of the following rules & regulations for use of the synthetic turf field. Coaches are responsible for the conduct and behavior of players and spectators on the field.

A. Only water is permitted. No flavored drinks are allowed (soda, juice, Gatorade). Glass and other breakable containers are prohibited.

B. No food allowed on synthetic turf surface. All food including gum, sunflower seeds, nuts and chewing tobacco are prohibited.

C. No dogs or pets are allowed on the synthetic turf surface. Dogs or other animals are only allowed on the grass perimeter.

D. Suntan lotions, oils or creams of any kind that may stain the turf are prohibited. Sunblock should be applied before entering the synthetic turf area.

E. Athletic footwear must consist of molded rubber cleats (less than 1 inch), turf shoes or running shoes. Metal cleats/spikes and high heeled shoes are also prohibited. Athletic footwear should be clean and free of mud.

F. Marking or taping on the synthetic turf surface is prohibited.

G. Vehicles of any kind including but not limited to automobiles, bicycles, scooters, skateboards, RC cars, planes, drones, or other vehicles that use fuel are prohibited.

H. Sharp or blunt equipment are prohibited including chairs, benches, flags, shade structures, tents, stakes, and umbrellas. No temporary or permanent equipment shall be staked down onto the synthetic surface

I. Large objects that need to be moved across the field should be carried or have turf wheels. Dragging heavy items or equipment across the field may cause significant damage.

### **J. User Responsibilities**

1. You are responsible to leave the field cleaner than you found it and ready for the next user. Following practices and/or games please inspect the field and remove anything left by your players or spectators such as trash, athletic tape, or equipment.

2. Any foreign substances, including bodily fluids, should be removed and rinsed as quickly as possible. Thoroughly rinse and avoid slippery areas that could result in injury. Immediately report the location of accident or injury resulting in bodily fluids (blood, vomit, urine, etc.) on the turf to city staff.

3. Inspect your playing area before and after practices & games and immediately report any areas of the playing surface that are damaged or deficient.

4. Educate your players, parents and spectators about the Synthetic Turf Rules & Regulations to minimize damages to the playing surface.